



Rehabilitation and Health Care Center

3909 Covington Pike
Memphis, TN 38135

June 2019



Spring Gate Breeze

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"A father is someone you look up to no matter how tall you grow." Unknown

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- 5 New Employee's
- 6 Activities Calendar

Unit Managers

Station 1- Heather Boswell xt.47

Station 1 consists of a short term stay rehab side and a long term skilled hall that may also receive rehab services

Station 2- Jessica Wade xt.38

Station 2 is also a long term care unit where some residents may receive skilled services and rehab.

Station 3- Sonya Finch xt.23

Station3 is our ICF/Long Term Medicaid unit

Station 4- Vanessa Jamerson xt. 44\ Lisa McAdory-Respiratory Manager xt. 44

Station 4 is out Vent\Trach Respiratory care Unit

Station 5- Marie Jackson xt.45

Station 5 is where our residents with Dementia/Alzheimer's reside

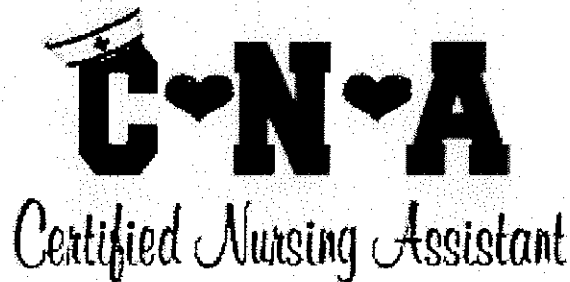
Message from the Administrator

I would like to take a moment to wish all Father's a Happy Father's Day. Thank you to all the family members and visitors that come and visit their loved ones. We appreciate you letting us care for them, and we enjoy seeing every one in the facility.

Felecia Speaks, Administrator

National CNA week festivities

June 13-19, 2019 is national Certified Nursing Assistants week. Please thank the CNA's when you see them in the hallways.



Father's Day

* The first Father's Day service occurred at the Williams Memorial Methodist Episcopal Church in South Fairmont, West Virginia on July 5, 1908.

* Mrs. Sonora Smart Dodd is credited for popularizing Father's Day by starting events that led to Father's Day becoming a U. S. National Holiday.

*In 1966, Lyndon B Johnson issued a proclamation designating the 3rd Sunday in June to honor fathers.

*It wasn't until 1972, when President Richard Nixon signed a law declaring that Father's Day be celebrated annually. Making it an official holiday.

Birthday's

We would like to wish anyone with a June Birthday.....

New Employees

Please give a warm welcome to any of the new faces that you may see roaming through the halls doing their very best at their jobs.

Activities & Upcoming Events

--June 13-19: National CNA week



--June 16: Father's Day

--June 21: First day of Summer; Resident Council Meeting

happy birthday

Please note activities are subject to change.

JUNE 2019

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|---|---|--|--|--|
|  |  | Activities Room-AR Main Dining room-MDR Family Room-FH Station 4-Activity Room Nc.4 Station 2 | ROOM VISITS AND MAIL DELIVERED DAILY | ALL ACTIVITIES ARE SUBJECT TO CHANGE AT ANY TIME | BEAUTY SHOP OPEN MONS. 9-11 11:00 HADY BARBER 12-2 WEDNESDAY 12 | 1 |
| 1 10:00 Family Time 11:00 Social Time-MDR 2:00 Church Service-MDR 5:00 Jazz w/ Fine dining | 2 10:00 Manicures-AR 12:30 Pot Therapy 2:00 Cookie Club-MDR 3:30 Mingling w/ The Blues Nc.2 5:00 Jazz w/ Fine dining 7:00 Music Time-FH | 3 9:15 Exercise-MDR 10:15 Bible Study-MDR 10:30 Movie Time-Nc.4 11:00 Social Time-MDR 1:00 Hall Games 2:00 Bingo-MDR 3:30 Mingling w/ The Blues-Nc.2 5:00 Jazz w/ Fine dining | 4 10:00 Lark Society Group-MDR 11:00 Social Time-MDR 2:00 Men's Club-MDR 3:00 Bingo-MDR 3:30 Mingling w/ The Blues-Nc.2 5:00 Jazz w/ Fine dining 6:00 Bible Study | 5 10:00 Bingo-MDR 10:30 Social Hour-Nc.4 1:00 Hall Games 2:00 Bingo-MDR 3:30 Mingling w/ The Blues-Nc.2 5:00 Jazz w/ Fine dining 7:00 Spades Night-MDR | 6 10:00 Manicures-AR 11:00 Social Time-MDR 2:00 Music Paperwork-MDR 3:30 Mingling w/ The Blues-Nc.2 5:00 Classic Music w/ Fine dining | 7 10:00 Bingo-MDR 3:00 Visit w/ Good Shepherd-MDR 3:30 Social Club Nc.2 5:00 Jazz Music w/ Fine dining |
| 8 10:00 Family Time 11:00 Social Time-MDR 2:00 Church Service-MDR 5:00 Jazz w/ Fine dining | 9 10:00 Bible Study w/ Ted 11:00 Social Time-MDR 2:00 Cookie Club-MDR 3:30 Mingling w/ The Blues-Nc.2 5:00 Jazz w/ Fine dining | 10 9:15 Bible Study-MDR 10:30 Movie Time-Nc.4 11:00 Social Time-MDR 1:00 Hall Games 2:00 Bingo-MDR 3:30 Mingling w/ The Blues-Nc.2 5:00 Jazz w/ Fine dining | 11 10:00 Pottery-MDR 11:00 Social Time-MDR 2:00 Men's Club-MDR 3:00 Bingo-MDR 3:30 Mingling w/ The Blues-Nc.2 5:00 Jazz w/ Fine dining 6:00 Bible Study | 12 10:00 Bingo-MDR 10:30 Social Hour-Nc.4 1:00 Hall Games 2:00 Bingo-MDR 3:30 Mingling w/ The Blues-Nc.2 5:00 Jazz w/ Fine dining 7:00 Spades Night-MDR | 13 10:00 Manicures-AR 11:00 Social Time-MDR 2:00 Father's Day Celebration w/ Gracie-MDR 3:30 Mingling w/ The Blues-Nc.2 5:00 Jazz w/ Fine dining 7:00 Visit w/ Youngest Sherry | 14 10:00 Visit w/ Greener Conn. Church-MDR 2:00 Bingo-MDR 3:00 Visit w/ Pastor Houston-MDR 3:30 Social Club Nc.2 5:00 Jazz Music w/ Fine dining |
| 15 10:00 Family Time 11:00 Social Time-MDR 2:00 Y'all w/ The Parent of God Center-MDR 5:00 Jazz w/ Fine dining | 16 10:00 Manicures-AR 11:00 Social Time-MDR 2:00 Cookie Club-MDR 3:30 Mingling w/ The Blues-Nc.2 5:00 Jazz w/ Fine dining | 17 9:15 Silverdaze-AR 10:15 Bible Study-MDR 10:30 Movie Time-Nc.4 11:00 Social Time-MDR 1:00 Hall Games 2:00 Bingo-MDR 3:30 Mingling w/ The Blues-Nc.2 5:00 Jazz w/ Fine dining | 18 10:00 Pottery-MDR 11:00 Social Time-MDR 2:00 Men's Club-MDR 3:00 Bingo-MDR 3:30 Mingling w/ The Blues-Nc.2 5:00 Jazz w/ Fine dining 6:00 Bible Study | 19 10:00 Bingo-MDR 10:30 Social Hour-Nc.4 1:00 Hall Games 2:00 Bingo-MDR 3:30 Mingling w/ The Blues-Nc.2 5:00 Jazz w/ Fine dining 7:00 Spades Night-MDR | 20 10:00 Manicures-AR 11:00 Social Time-MDR 2:00 Music Paperwork-MDR 3:30 Mingling w/ The Blues-Nc.2 5:00 Jazz w/ Fine dining | 21 10:00 Visit w/ The Holy Cross-MDR 2:00 Bingo-MDR 3:00 Visit w/ Holy Temple-MDR 3:30 Social Club Nc.2 5:00 Jazz w/ Fine dining |
| 22 11:00 Social Time-MDR 5:00 Jazz w/ Fine dining | 23 10:00 Bible Study w/ Ted 11:00 Social Time-MDR 2:00 Cookie Club-MDR 3:30 Mingling w/ The Blues-Nc.2 | 24 10:15 Bible Study 11:00 Social Time-MDR 1:00 Hall Games 2:00 Bingo-MDR 3:30 Movie Time-Nc.2 5:00 Jazz w/ Fine dining | 25 10:00 Pottery-MDR 11:00 Social Time-MDR 2:00 Men's Club-MDR 3:00 Bingo-MDR 3:30 Mingling w/ The Blues-Nc.2 | 26 10:00 Bingo-MDR 10:30 Social Hour-Nc.4 1:00 Hall Games 2:00 Bingo-MDR 3:30 Mingling w/ The Blues-Nc.2 5:00 Jazz w/ Fine dining | 27 10:00 Manicures-AR 11:00 Social Time-MDR 2:00 Monthly B Day Party w/ Gracie-MDR 3:30 Mingling w/ The Blues-Nc.2 | 28 11:00 Soft Music w/ Fine dining 2:00 Bingo-MDR 5:00 Jazz w/ Fine dining |

happy father's day



**SPRING
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May 2019

"And they who for their country die shall fill an honored grave, for glory lights the soldier's tomb, and beauty weeps the brave." Maven's Notebook

Inside This Issue

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- 2 National Nursing Home week
- 3 Memorial Day
- 4 Birthday's
- 5 New Employee's
- 6 Activities Calendar

Message from the Administrator

I would like to take a moment to wish all Mother's a Happy Mother's Day. Also we can't forget those who have fought for our freedom this Memorial day. Thank you to all the family members and visitors that come and visit their loved ones. We appreciate you letting us care for them, and we enjoy seeing every one in the facility.

Felicia Speaks, Administrator

Unit Managers

Station 1- Heather Boswell xt.47

Station 1 consists of a short term stay rehab side and a long term skilled hall that may also receive rehab services

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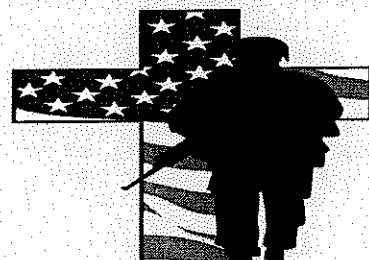
Station 5 is where our residents with Dementia/Alzheimer's reside

National Nursing Home week festivities

- ~Monday May 13th: Army Fatigue Day 1:00 Mega Frenzy Bingo
- ~Tuesday May 14th: Tacky Day 11am/4pm Passing Snacks
- ~Wednesday May 15th: Safari Day 3:00 Trivia
- ~Thursday May 16th: Decade's Day 1:00 Cookout
- ~Friday May 17th: Super Hero's Day

Memorial Day

- * Established after the civil war by Union Vets. It was named Decoration Day.
- * 1st celebrated at Arlington National Cemetery on May 30th 1868.
- * Waterloo, NY is considered the birthplace of Memorial Day.
- * Now it is recognized as a National holiday as the last Monday in May, 1971 was the year it was officially established as a holiday.
- * There has been 1,196,793 (as of 2013) total war casualties, over 300,000 are buried at Arlington national Cemetery in Washington, D.C.
- * An Average of 28 burials occur each weekday at Arlington National Cemetery, totaling 6,900 annually.
- * In 2012 there were 220,000 flags placed at Arlington for Memorial Day.
- * The 3rd U.S. Army infantry regiment, a.k.a. "The Old Guard" has been placing flags on Arlington graves since 1948.

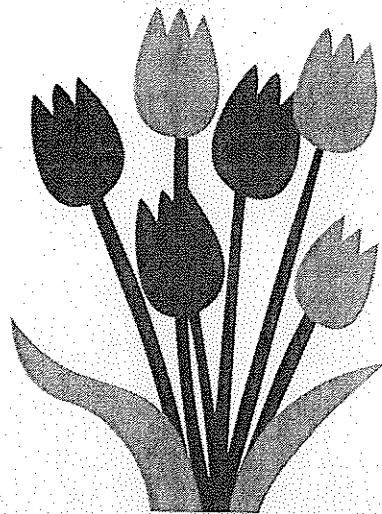


Birthday's

We would like to wish anyone with a May Birthday.....

happy birthday

HAPPY Mother's DAY



New Employees

Please give a warm welcome to any of the new faces that you may see roaming through the halls doing their very best at their jobs.

Activities & Upcoming Events

- May 5th: Cinco De Mayo
- May 6th-12th: National Nurse's Week
- May 12th-18th: National Nursing Home week
- May 12th: Mother's Day
- May 15th: Group Outing
- May 27th: Memorial Day

Please note activities are subject to change.

MAY 2019

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|--|---|---|--|--|
| Activity Room-AR Main dining room-MDR Family Room-FR Station & Activity Room-Sc.4 Station 2 | ALL ACTIVITIES ARE SUBJECT TO CHANGE AT ANYTIME ROOM VISITS AND MAIL DELIVERED DAILY | May 13 th Mega Frency Bogo May 14 th Tacky Day May 15 th Tevita May 16 th Cookout May 17 th Super Hero Day | 10:00 Po-ho no-MDR 11:00 Social Time-MDR 2:00 Lady's Club-MDR 3:00 Bingo-MDR 3:30 Mingling w/The Blues SL2 5:00 Jazz w/Fine dining 6:00 Bible Study | 1 10:00 Bingo-MDR 10:30 Social Hour-Sc.4 1:00 Hall Games 3:00 Bingo-MDR 3:30 Mingling w/The Blues SL2 5:00 Jazz w/Fine dining 7:00 Spades Night-MDR | 2 10:00 Master's-AR 11:00 Social Hour-MDR 2:00 Master's-Papercraft-MDR 3:30 Bingo Time SL2 5:00 Soft music w/Fine dining | 3 10:00 Visits w/ Full view-MDR 11:00 Soft Music w/Fine dining 2:00 Bingo w/ Church-MDR 5:00 Jazz Music w/Fine dining |
| 5 Cinco de Mayo 10:00 Family Time 11:00 Social Time-MDR 1:00 Church Service-MDR 3:00 Jazz w/Fine dining | 6 (6-11) National Nurses' week 10:00 Master's-AR 11:00 Po-ho no 1:00 Cookin Club-MDR 3:30 Mingling w/The Blues SL2 5:00 Jazz w/Fine dining 7:00 Movie Time-1 R | 7 9:25 Exercise-MDR 10:15 Bible Study-MDR 10:30 Movie Time-Sc.4 11:00 Social Time-MDR 1:00 Hall Games 2:00 Bingo-MDR 3:30 Mingling w/The Blues SL2 5:00 Jazz w/Fine dining 6:00 Bible Study | 8 10:00 Po-ho no-MDR 11:00 Social Time-MDR 2:00 Men's Club-MDR 3:00 Bingo-MDR 3:30 Mingling w/The Blues SL2 5:00 Jazz w/Fine dining 6:00 Bible Study | 9 10:00 Bingo-MDR 10:30 Social Hour-Sc.4 1:00 Hall Games 3:00 Bingo-MDR 3:30 Mingling w/The Blues SL2 5:00 Jazz w/Fine dining 7:00 Spades Night-MDR | 10 10:00 Master's-AR 11:00 Social Time-MDR 1:00 Mother's Day Celebration w/Gen-MDR 3:30 Mingling w/The Blues SL2 5:00 Classic Music w/Fine dining 6:00 Catholic Visits | 11 1:00 Bingo-MDR 3:00 Visits w/ Good Shepherd-MDR 3:30 Social Club SL2 5:00 Jazz Music w/Fine dining |
| 12 Happy Mother's Day 10:00 Family Time 11:00 Social Time-MDR 1:00 Church Service-MDR 3:00 Jazz w/Fine dining | 13 (12-18) National Nursing Home Week 10:00 Bible Study w/Ted 11:00 Social Time-MDR 1:00 Cookin Club-MDR 3:30 Mingling w/The Blues SL2 5:00 Jazz w/Fine dining | 14 10:15 Bible Study-MDR 10:30 Movie Time-Sc.4 11:00 Social Time-MDR 1:00 Hall Games 2:30 Bingo-MDR 3:30 Mingling w/The Blues SL2 5:00 Jazz w/Fine dining | 15 10-2 (Group Outing) 11:00 Social Time-MDR 3:30 Mingling w/The Blues SL2 5:00 Jazz w/Fine dining 6:00 Bible Study | 16 10:00 Bingo-MDR 10:30 Social Hour-Sc.4 1:00 Hall Games 3:00 Bingo-MDR 3:30 Mingling w/The Blues SL2 5:00 Jazz w/Fine dining 7:00 Spades Night-MDR | 17 10:00 Resident Council-FR 11:00 Social Time-MDR 2:00 Master's-Papercraft-MDR 3:30 Mingling w/The Blues SL2 5:00 Visits w/Evangelist Sherry | 18 10:00 Visits w/ Greater Com. Church-MDR 2:00 Bingo-MDR 3:00 Visits w/ Pastor Hamilton-MDR 3:30 Social Club SL2 5:00 Jazz Music w/Fine dining |
| 19 10:00 Family Time 11:00 Social Time-MDR 2:00 Visits w/The Purpose of God Center-MDR 5:00 Jazz w/Fine dining | 20 10:00 Master's-AR 11:00 Social Time-MDR 2:00 Cookin Club-MDR 3:30 Mingling w/The Blues SL2 5:00 Jazz w/Fine dining | 21 9:15 Nitrozone-AR 10:15 Bible Study-MDR 10:30 Movie Time-Sc.4 11:00 Social Time-MDR 1:00 Hall Games 2:30 Bingo-MDR 3:30 Mingling w/The Blues SL2 5:00 Jazz w/Fine dining | 22 10:00 Po-ho no-MDR 11:00 Social Time-MDR 2:00 Visits w/ Blue Cafe-MDR 3:00 Bingo-MDR 3:30 Mingling w/The Blues SL2 5:00 Jazz w/Fine dining 6:00 Bible Study | 23 10:00 Bingo-MDR 10:30 Social Hour-Sc.4 1:00 Music w/Gen-MDR 3:00 Bingo-MDR 3:30 Spades Night-MDR | 24 10:00 Master's-AR 11:00 Social Time-MDR 1:00 Visibly B-Day Party w/Gen-MDR 3:30 Mingling w/The Blues SL2 5:00 Classic Music w/Fine dining 6:30 Catholic Visits | 25 10:00 Visits w/The Holy Spirit-MDR 2:00 Bingo 3:00 Visits w/Holy Temple-MDR 3:30 Social Club SL2 5:00 Jazz w/Fine dining |
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